

— STARTERS —

FRENCH ONION SOUP

beef broth | caramelized onions | croutons | swiss cheese | garlic toast | 6

SWEET POTATO FRIES

house aioli | 7

ONION RINGS

house aioli | 7

GARLIC BREAD WITH CHEESE

four cheese blend | garlic baguette | 8

BLUE HERON CAESAR SALAD

romaine hearts | bacon | creamy garlic dressing | grated parmesan | croutons | 13

add: steak | chicken | 5

add: 3 black tiger shrimp | 6

FRESH RICE PAPER ROLLS

sweet bell peppers | mint | cucumber | cilantro | carrot | orange hoisin and sesame dip | 8

BOCCONCINI TOMATO SALAD

arugula | cherry tomato | cucumber | bocconcini | basil | balsamic & honey dressing | 14

add: steak | chicken | 5

add: 3 black tiger shrimp | 6

— PIZZA —

CANADIAN

pepperoni | cremini mushrooms | tomato sauce | double smoked bacon

provolone and mozzarella | house dip | 12

VEGGIE

sweet bell pepper | red onions | tomato | artichoke | provolone

basil pesto | mozzarella | house dip | 12

— ENTREES —

ALL DAY BREAKFAST

3 eggs any style | hash browns | toast | bacon, sausage or peameal | **9**

HERON HOUSE OMELETTE

3 eggs | feta | spinach | cherry tomatoes | balsamic reduction | hash browns | **10**

BEER BATTERED FISH AND CHIPS

haddock | fries | tartar sauce | coleslaw | 1 piece **12** / 2 pieces **17**

BUTTERMILK CHICKEN TENDERS AND FRIES

buttermilk chicken tenders | plum sauce | coleslaw | fries | **13**

MAPLE MUSTARD CHILI-GLAZED SALMON

maple syrup | grainy dijon | sweet chili glaze | steamed rice | seasonal vegetables | **25**

CHICKEN WINGS & FRIES

mild | medium | hot | suicide | honey garlic | 1lb **15** / 2lbs **28**

AAA HAND CUT RIB EYE STEAK 12 OZ.

onion straws | seasonal vegetables | red skin mashed potatoes | **26**
our suggestion: add some surf to your turf with 3 black tiger shrimp | **6**
add: sautéed mushrooms | **3**

BURGERS

HERON BURGER

fresh lettuce | tomato | red onion | pickle | chipotle aioli | fries | **12**

CHEF'S FEATURE BURGER

ask about our burger of the moment | **14**

BLACKJACK BURGER

jack daniels BBQ sauce | bacon | cheddar | onion straws | chipotle aioli | fries | **14**

cheddar cheese | swiss cheese | sautéed mushrooms | bacon | **2**

SPECIALTY SANDWICHES

all of our sandwiches served with choice of fries | soup | garden salad

GBH WESTERN SANDWICH

fresh whole eggs | cured ham | bell peppers | onions | **11**

GRILLED VEGETABLE WRAP

grilled zucchini | red onion | bell peppers | sundried tomatoes

feta cheese | spinach | balsamic reduction | **12**

add: steak | chicken | **5**

add: 3 black tiger shrimp | **6**

our suggestion : blacken our chicken for an extra kick

CHICKEN CAESAR WRAP

grilled chicken | caesar salad | flour tortilla | **13**

BUFFALO CHICKEN WRAP

buttermilk chicken tenders | cheese | lettuce | tomato bruschetta | buffalo sauce | **13**

MONTREAL SMOKED MEAT

warm smoked meat | marble rye | swiss cheese | **14**

CLUB SANDWICH

bacon | turkey | smoked ham | lettuce | tomato | mayonnaise | **15**

PRIME RIB BEEF DIP

shaved prime rib | french onion jus | garlic baguette | provolone cheese | horseradish mayonnaise | **16**

CHICKEN PARMESAN SANDWICH

tomato sauce | provolone cheese | multigrain ciabatta | arugula | **16**

STEAK SANDWICH

grilled striploin steak | caramelized onion | cremini mushrooms | provolone cheese | garlic steak sauce

toasted baguette | **17**

— THE BOWLS —

CRISPY FRIED CHICKEN

teriyaki | mixed vegetables | sesame seeds | cantonese noodles | 13

BEEF AND BROCCOLI

teriyaki | mixed vegetables | sesame seeds | steamed rice | 13

PAD THAI

shrimp or chicken | peanut | tofu | bean sprouts | rice noodles | red chili | egg | 13

GENERAL TAO

shrimp or chicken | mixed vegetables | bird's eye chili | steamed rice | 13

THAI CURRY & COCONUT

shrimp or chicken | red curry and coconut broth | mixed vegetables | rice noodles | 13

TOMATO & BASIL CAVATAPPI WITH PULLED CHICKEN

tomato and basil sauce | cavatappi noodle | pulled chicken | parmesan cheese | 13

PORCINI MUSHROOM RISOTTO

porcini and cremini mushrooms | arborio rice | parmesan cheese | 13

CREATE YOUR OWN NOODLE BOWL | 12

1. CHOOSE YOUR BROTH

vegetarian mushroom broth | wonton broth

2. CHOOSE YOUR NOODLES

shanghai noodles | pork and shrimp wonton | rice noodles
cantonese noodles | steamed rice

3. ADD A PROTEIN

jumbo shrimp | chicken | beef | fried tofu | mixed vegetable



- All prices plus tax - Please let your server know if you have any food allergies - Prices subject to change -

Groups | Parties | Corporate Events

We now offer a private dining area in the Waters Edge Buffet Restaurant for groups of 15 - 25